



ALL HALLOWS

A Church of the Rainbow People of God

29th March 2015
Palm Sunday

President and Preacher
Rev Heston Groenewald

Readings

Zechariah 9:9-12

Mark 11:1-11

Prayer for the day

O Christ, you entered the city as a poor man
not in style but simply,
yet still you caused uproar, and questions everywhere;
you drew the expectations of a hungry crowd,
and brought buried conflicts to the light.
May we, who are sometimes swayed by the crowd's approval,
and who often avoid conflict
for fear of its cost to us,
hold fast to the gospel of peace and justice
and follow faithfully in your way of compassion and solidarity
with those who are poor and excluded,
wherever it may lead us.

Amen.

*God said: 'I have set my rainbow in the clouds, and it shall be a sign
of the bond between me and the earth.'*

And Desmond Tutu said 'We are the Rainbow People of God.'

Please pray for...

- Sameer for his continued health and healing
- Daniel trying to sort out his life
- Robert's brother, Peter, who has been diagnosed with lung cancer and for his family
- James, Ruth, Dave and Hannah as they experience changes in their lives
- Kerry and Jonathan as they explore their future vocation with the diocese and for David as he advises the diocesan vocation team
- Linda's parents and also her sister Margaret and her son and Linda's nephew Ryan hoping to find the right mental health support
- Florence as she continues to wait for her operation
- Ram's friend Ismail and his dad who has been diagnosed with lung cancer and for his family
- Catherine, still struggling with burnout and feelings of depression
- Kerry's mum and dad going through a difficult time and all the family
- Firdaws Khan, a friend of All Hallows, and for her mum who recently had a stroke
- Raja and Mahmoud now living in Sheffield
- Alan Griggs's son in law Glen who has Motor Neurone Disease and for all his family
- Roul and Kay who miss church but cannot get here without support
- All Hallows' Community Project "Pay As You Feel"/"Real Junk Food Project" Café – now open on Tuesdays and Fridays

The wider community....

- All who use our building during the week – break dancers, the yoga groups, meditation group, OWLS, Community Project
- Members of Hyde Park Methodist and for their community shop and youth work

For justice, peace and healing in the world....

- For all those fleeing persecution and conflict throughout the world
- For the family and friends of those who died in the plane crash in the southern French Alps
- For peaceful resolutions in Nigeria, Iraq, Syria, South Sudan and Ukraine
- For the people of La Concha in Nicaragua
- For the victims of the Ebola virus and their families, and for those caring for them

PRAYERS: If you have a request you want included in this bulletin, please email bulletin@allhallowsleeds.org.uk.

Regular events:

Sunday 10.30am Morning Service “Sharing the Feast of Life”

Sunday 6pm Alcoholics Anonymous group

Monday 6.30pm Yoga

Tuesday 10am-4pm TRJFP@AH Café

Tuesday 7pm Yoga

Wednesday 12-2pm OWLS lunches (Bookable for older people)

Wednesday 7pm Capoeira

Wednesday 7pm Alcoholics Anonymous group

Friday 10am-4pm TRJFP@AH Café

Saturday Breakdancing 4-5pm open class, **5-8pm** open session

Holy Week and Easter services

Monday 30 March 9.00am: Morning Prayer- dreaming and praying about the next 5 years

Tuesday 31 March 6.00pm: Evening Prayer- dreaming and praying about the next 5 years

Wednesday 1 April 9.00pm: Compline- dreaming and praying about the next 5 years

Maundy Thursday 2 April 7.30pm: Footwashing and Eucharist, followed by Vigil

Good Friday 3 April:

11.00am Being Hallowed – meditations, music and hot cross buns

12 noon Gone Hallowing – an hour on the parish streets

1.00pm Liturgy and lunch (soup and bread)

Holy Saturday 4 April 1.00pm: Church Walk – starting at Slaithwaite Station (please see Hannah for further information)

Easter Sunday 5 April: Christ is Risen, Alleluia!

6.00am Dawn worship and cooked breakfast

10.30am Easter all-age worship and Easter-egg hunt followed by shared lunch

Saturday and Sunday 11th – 12th April 2015: ‘Hope for the World’, a weekend of words, music, exploring the joy of the Gospel led by John Bell at St. Benedict’s Parish, Garforth LS25 1PX – please see the flyer for further details.

Saturday 18th April: Wild City Retreats at Meanwood Valley Urban Farm – for further details please see Pippa

Friday 8th May 7.45pm: Lucy Ward with The Gentle Good Live at All Hallows. For further information and to book tickets, please see <http://bit.ly/1CjTJR5>. Tickets are also available from Jumbo Records (St Johns Shopping Centre).

A change of date for your diaries! – the All Hallows summer weekend camping trip has been re-arranged to **Friday 17th July**. Further details to follow.

Reflection

Making Lent last.....

I am sure that most people arrive at the end of Lent a bit worn out but relieved that it is over for another year. Some folk impose quite onerous burdens upon themselves during the forty days; less simple sacrifices, more near-torture, often not even taking advantage of the Sunday feast day each week, preferring to extend their rigours beyond the call of duty. While respecting their ardour, perhaps we should ask if they are stretching themselves more than even God expects. So the thought of making these efforts last may defeat even the most sincere souls. But here is a suggestion. If we fasted from chocolate six or seven days each week during Lent, how about doing so for one day each week, or each month and collecting the small change it would cost to donate to a charity which relieves hunger? Or, if we fasted from alcohol, to reduce our consumption throughout the year, to protect our health and add to our charitable giving? If we prayed more during Lent, then to build into our days a rhythm of prayer as in, say, the Jesus Prayer, when walking, or bus riding, or driving.

["Lord Jesus Christ, Son of God, have mercy on me"]

It is easy to forget the sacrifices of Jesus and our gratitude for these, and his glorious resurrection, when our own physical conditions have reverted to normal; so retaining a small reminder of Lent will help prevent this. In this way our Lenten observance can become a part of our on-going spiritual life; the fertiliser which feeds the tree which bears fruit of Easter and another block on which to further build the Kingdom. **Judith Carpenter** www.awomanontheway.co.uk

Ways to donate to All Hallows:

- PARISH PANTRY: Please don't forget your donation of food
- Please put donations of money on the collection plate on the small table
- by the back row of seats in church – regular donations are welcome including gift aid and direct debits to our bank account – see Richard for details
- Give your time to help out on with activities – café, gardening, events, gigs, working parties to clear and clean and to help with the Sunday Service . Please see Catherine who does this rota.

CONTACT DETAILS: See Rev Heston or Church Wardens Jan or Paul

Online: www.allhallowsleeds.org.uk