



Sharing the Feast of Life during the Corona Crisis

Sunday 29 March: 5th Sunday of Lent
(Passiontide begins)

This service will be live-streamed on the [All Hallows Facebook page](#)

Please join in for prayer and worship at 10:30

Please have with you a candle and a bible, and bread and wine

Gathering

We light three candles: lights that the deepest darkness cannot conquer.

Loving God,

**Let these candles speak to us of the flames of hope within us;
of the passing of darkness and suffering,
of the sureness of morning,
and the promise of an eternal sunrise still to come,
though we may yet be in that darkest hour before the dawn.**

Opening responses

Jesus invites us to a way of celebration
meeting and feasting with the humble and poor:

Let us walk his way with joy.

Jesus beckons us to a way of risk,
letting go of our security:

Let us walk his way with trust.

Jesus challenges us to listen to the voices
of those who have nothing to lose:

Let us walk his way with compassion.

Jesus points us to a way of self-giving,
where power and status are overturned:

Let us walk his way with humility.

Jesus calls us to follow the way of the cross,
Where despair is transformed by the promise of new life:

Let us walk his way with faith.

Prayer for the Day

Keep us, good Lord,
under the shadow of your mercy
in this time of uncertainty and distress.
Sustain and support the anxious and fearful,
and lift up all who are brought low;
that we may rejoice in your comfort
knowing that nothing can separate us from your love
in Christ Jesus our Lord. Amen.

Alleluia! Your words, O Lord, are spirit and life.

Alleluia! Open our hearts to your word!



Bless the LORD, O my soul,
and all that is within me,
bless God's holy name.
Bless the LORD, O my soul,
and do not forget all his benefits—
who forgives all your iniquity,
who heals all your diseases,
who redeems your life from the Pit,
who crowns you with steadfast love and mercy...
(Psalm 103)

	<p><i>You may be certain that as long as someone is in hell, Christ will remain there with them.</i></p> <p>-----</p> <p><i>Stand at the brink of despair, and when you find that you cannot bear it anymore, draw back a little and have a cup of tea.</i></p> <p>-----</p> <p><i>-- Elder Sophrony</i></p>
--	--

Mindset Shift During a Pandemic	
I'm stuck at home	→ I get to be SAFE in my home
I will get sick	→ I will self-isolate and wash my hands, this will significantly DECREASE my chances of getting sick
I will run out of items at home during self-isolation	→ I have prepared for this and I will use my items wisely. I have everything I NEED for now
Everything is shutting down, I'm panicking	→ The most IMPORTANT places, such as medical centers, pharmacies and grocery stores, remain open
There is too much uncertainty right now	→ While I can't control the situation around me, I CAN control my actions. Doing breathwork, calling loved ones, getting enough sleep and proper nutrition, prayer, and doing activities I love at home will all help during this time

Affirmation of faith

**We believe in a bright and amazing God,
who has been to the depths
of despair on our behalf;
who has risen in splendour
and majesty;
who decorates the universe with bright light,
twinkling stars and brilliant colours,
again and again and again.**

**We believe that Jesus is the light of the world;
that God believes in us, and trusts us,
even though we make the same mistakes
over and over again.**

**We commit ourselves to Jesus,
to one another as brothers and sisters,
and to the Maker's good plans for the world.**

God said: Let there be light. May we be the light of the world. Amen!

Candle prayers

Please light a candle as you worship at home.

Please write prayer requests in the Facebook Live comments (remembering that this is a public space)

The Peace

Christ descended to death and hell,
passed through doors locked by fear
to breathe the Spirit of peace
and make us one humanity;
nothing can now separate us
from the love of God.

***Lord Jesus Christ, lover of all
Trail wide the hem of your garment.
Bring healing, bring peace.***

Prayer of Thanksgiving

We praise you,
God who is our Resurrection and our Life,
for you breathed life into the void
and spoke creation into being.

From the nothingness of slavery
you called a people into being.
Your Presence sustained anxious exiles
through strange and fearful times;
your Spirit gathered from the valley of despair
the flesh and blood of living hope.

In Jesus you confronted
the powers that killed and oppressed;
you spoke to those considered dead
and helped them to stand again;
he taught us to die that we might live.

He gave himself for us
terrified and tortured and forsaken
but he could not be confined by death;
he passed through doors locked by fear
to breathe the Spirit of peace into his followers

And so with all who have lost faith or given up hope,
with all who have hidden in fear or walked away in sadness,
with all the company of heaven,
we lift our voice and sing your praise:

*Holy, holy, holy Lord
God of heaven and earth adored
Ceasing never, God for ever,
Holy, holy Lord.*

Holy and loving God,
in the breaking of bread Jesus shows himself among us.

As he ate with his disciples, he took bread and give you thanks; he broke it and said, 'This is my body, which is given for you in love. Do this to remember me.'

After supper he took the cup of wine and said, 'This is my blood, which I pour out for you as the new covenant in God's love. Do this, whenever you drink it, to remember me.'

The Lord's Prayer

**O God in heaven,
Mother and Father of us all
hallowed be your name.
Your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation,
but deliver us from evil.
For the kingdom, the power and the glory are yours,
now and for ever. Amen.**

This bread we break
Is a sharing in the body of Christ.
Though we are not physically united in this place
**we who are many are one body,
for we all share the one bread**

As you worship at home, please share a piece of bread

*Eat this bread, drink this cup,
come to Him and never be hungry.
Eat this bread, drink this cup,
trust in Him and you will not thirst.*

Prayer after communion

**God of compassion,
you call us out of the bindings of death:
make us ready to surrender
the fear in which we hide
to step into your future
alive and unashamed;
through Jesus Christ, the life of the world.
Amen.**

Blessing

Go forth into the world in peace;
be of good courage;
hold fast to all that is good;
render to no one evil for evil;
strengthen the fainthearted;
support the weak;
help the afflicted;
honour everyone;
love and serve the Lord,
rejoicing in the power of the Holy Spirit;
and the blessing of the God who is Love:
Creator, Redeemer, Sustainer,
Be among you, and remain with you always.
Amen!