



Sharing the Feast of Life in Lent

We light a candle

**God of glory,
touch our lips and our lives
with the fire of your Spirit,
that we with all creation
may sing and live your praise,
this day and every day;
through Jesus the Light of the World. Amen.**

Jesus invites us to a way of celebration,
meeting and feasting with the humble and poor:

Let us walk his way with joy.

Jesus points us to a way of self-giving,
where power and status are overturned:

Let us walk his way with humility.

Jesus calls us to follow the way of the cross,
where despair is transformed
by the promise of new life:

Let us walk his way with faith.

Reconciliation

Loving God, who has mercy on all,
take away our sins and selfishness,
and mercifully kindle in us
the fire of your Holy Spirit.
Take away our hearts of stone,
and give us hearts of flesh:
hearts to love and adore you,
hearts to delight in you,
follow and enjoy you,
for Christ's sake. Amen.

(St Ambrose of Milan)

***Take, O take me as I am;
summon out what I shall be;
set your seal upon my heart
and live in me.***

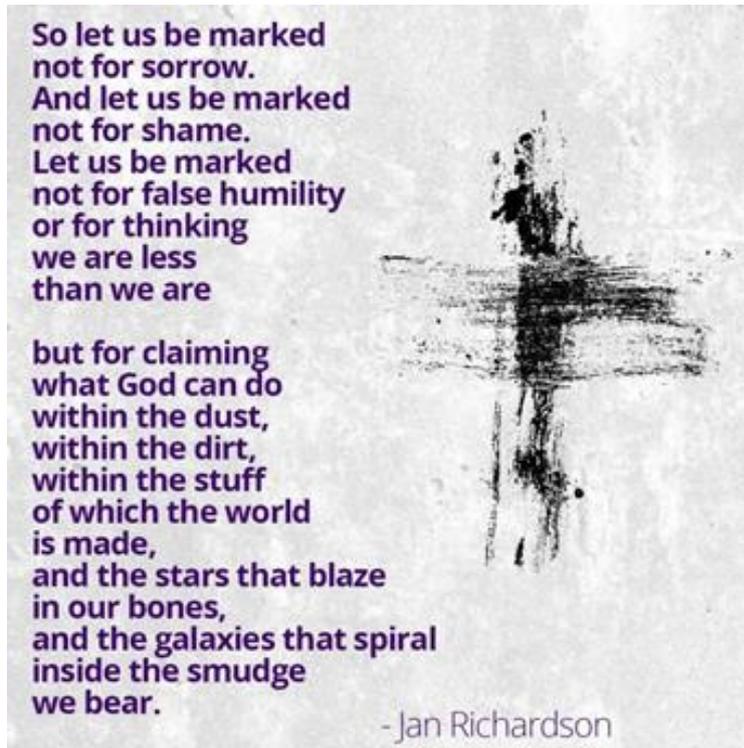
Sisters and brothers and siblings, hear the word of the Lord:
we are forgiven; Christ sets us free –
let us journey on with hope.

Let us forgive and love ourselves:

Let us forgive and love others.

In the name of Jesus Christ. Amen.

***Come to us,
Living Lord,
Teach us how to love you***



A Franciscan Affirmation of Faith

**We rejoice in the Lord always,
and show in our lives
the grace and beauty of divine joy.**

**We follow Jesus the Son of Man,
who came eating and drinking,
who loved the birds and the flowers,
who blessed little children,
who was a friend to tax collectors and sinners,
and who sat at the tables of both the rich and the poor.**

**We delight in fun and laughter,
rejoicing in God's world,
its beauty and its living creatures,
calling nothing common or unclean.**

**We mix freely with all people,
ready to bind up the broken-hearted
and to bring joy into the lives of others.**

**We offer our selves
to be God's fools in the world!
Amen.**

Prayers

Please write your prayer requests into the comments
(remembering that this is a public space)
and offer one another's prayers to God.

The Peace

***The Kingdom of God is justice and peace,
And joy in the Holy Spirit.
Come Lord, and open in us
The gates of your kingdom.***

Prayer of Thanksgiving

May God be with you.

And also with you.

Open up your hearts.

We open them to God.

Let us give thanks to the God of all.

It is right to give our thanks and praise.

We praise you, O God, Lord of all creation;
in your love you made us for yourself.

When we turned away you did not reject us,
but came to meet us in your Son.

**You embraced us as your children
and welcomed us to sit and eat with you.**

In Christ you shared our life
that we might live in him and he in us.

**He offered his life for sinners,
and with a love stronger than death
he opened wide his arms on the cross.**

On the night he was betrayed,
at supper with his friends
he took bread, and gave you thanks;
he broke it and gave it to them, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

**We do this in remembrance of him:
his body is the bread of life.**

At the end of supper, taking the cup of wine,
he gave you thanks, and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you for the forgiveness of sins;
do this in remembrance of me.

**We do this in remembrance of him:
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,
send your Holy Spirit that this bread and this wine
may be to us the body and blood of your dear Son.

**As we eat and drink these holy gifts,
make us one in Christ, our risen Lord.**

With your whole Church throughout the world
we offer you this sacrifice of praise
and lift our voice to join the eternal song of heaven:

***Holy, holy, holy Lord,
God of heaven and earth adored,
ceasing never, God for ever,
holy, holy Lord.***

The Lord's Prayer

**O God in heaven,
Mother and Father of us all,
hallowed be your name.
Your kingdom come,**

**your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation,
but deliver us from evil.
For the kingdom, the power and the glory are yours,
now and for ever. Amen.**

This bread we break
is a sharing in the body of Christ.
Though physically distanced,
we stay spiritually connected:
We who are many are one body,
for we all share the one bread.

*Jesus, Lamb of God:
have mercy on us.
Jesus, bearer of our sins:
have mercy on us.
Jesus, redeemer of the world:
give us your peace.*

Please share some bread and juice/wine at home

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Prayer after Communion

**Lord of this feast
which is beyond measure and price,
we thank you for meeting us
in our brokenness and isolation
so that none might be lost:
liberate us now
to share bread and life with our neighbours,
each receiving from the other
what we need to become ourselves.
Amen.**

News and notices

Blessing

May Christ give us grace to grow in holiness,
to deny ourselves, take up our cross, and follow him;
and the blessing of the God of Love,
Creator, Redeemer, Sustainer,
be among us, and remain with us always.
Amen.

Let us go in the peace of Christ:
Thanks be to God.