The Communion

Please share some bread and juice/wine at home

_Eat this bread, drink this cup._
_come to him and never be hungry._
_Eat this bread, drink this cup._
_trust in him and you will not thirst._

Prayer after Communion

_**Today, may we give and receive love.**_
_**Today, may we work for justice.**_
_**Today, may we listen and pray.**_
_**Today, may we sing God’s praises.**_
_**Today, may we delight in God’s beauty.**_
_**Today and every day.**_

News and Notices

Blessing

Remember, you are beautiful in the sight of God:
the mark of Christ is upon you:
so walk free, and open your heart to life and to others,
and may the Spirit go with you into each new day.

_Amen._

_Mayenziwe ‘ntando yakho:_
_Your will be done on earth, O Lord._

Go in the peace of Christ.

_Thanks be to God._

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Sharing the Feast of Life in the Ordinary Time before Lent

Please have ready: a candle, a Bible, bread and wine/juice.

_We light a candle:_
_We come to be still in God’s holy presence,_
_
full of all our thoughts and feelings of the day._
_We come with some faith and many doubts:_
_we come with our longings and fears and hopes._
_
We come just as we are,_
_knowing that God loves us without conditions._

_Come to us, come to us,_
_Living Lord, Living Lord,_
_teach us how to love you:_
_teach us how to love you._

Reconciliation

We recognize the injustice and pain of our world, and our part in that pain:
We seek to know God’s forgiveness and healing:
We have wounded your love:
_O God, forgive and heal us._
We stumble in the darkness:
_Light of the world, transfigure us._
We forget that we are your home:
_Spirit of God, dwell in us._

_Lord, have mercy on us:_
_Hear us as we pray;_
_Lord, have mercy on us:_
_Take all sin away._

_Christ, have mercy on us,_
_Hear our heartfelt plea;_
_Christ, have mercy on us,_
_Set our spirits free._

[Repeat first verse]

_Sisters, brothers, siblings,_
_hear the word of the Lord:_
_we are forgiven; Christ sets us free –_ 
_let us journey on with hope._

_Let us forgive and love ourselves:_
_Let us forgive and love others._
_In the name of Jesus Christ. Amen._

Praise

_Gloria, gloria, in excelsis Deo!_
_Gloria, gloria, alleluia, alleluia!_
Glory to God, glory to God, glory in the Highest!
Glory to God, glory to God, alleluia, alleluia!

Reading(s) and reflection
Open our minds to know you, Lord,
open our ears to hear your voice,
open our minds now to your Word:
come to us now, O Lord our God.

After the reading:
Hear what the Spirit is saying to the church.
Thanks be to God.

Affirmation of Faith
We believe in God:
who has created and is creating,
who has come in Jesus, the Word made flesh,
to reconcile and to make new,
who works in us and in others by the Spirit.
We trust in God.

We are called to be the church:
to celebrate God’s presence,
to live with respect in creation,
to love and serve others,
to seek justice and resist evil,
to proclaim Jesus crucified and risen,
our judge and our hope.
In life, in death, in life beyond death,
God is with us and we are not alone.
Thanks be to God. Amen.

Prayers
Please write prayer requests into the comments
(remembering that this is a public space).

The Peace
Lord Jesus Christ, lover of all,
trail wide the hem of your garment.
Bring healing, bring peace.
The peace of the Lord be always with you.
And also with you.

Prayer of Thanksgiving
It is right to praise you, O God, Lord of all creation:
in your love you made us for yourself.
When we turned away you did not reject us,
but came to meet us in your Son.
You embraced us as your children
and welcomed us to sit and eat with you.
In Christ you shared our life
that we might live in him and he in us.
He offered his life for sinners,
and with a love stronger than death
opened wide his arms on the cross.
And so we praise you, singing:
Holy, holy, holy,
my heart, my heart adores you!
My heart is glad to say the words:
you are holy, Lord.

Santo, santo, santo,
mi corazón te adora!
Mi corazón te sabe decir:
santo eres, Señor.

Among friends, gathered round a table,
Jesus took bread, broke it and said,
‘This is my body, broken for you.’
And later he took the cup of wine and said,
‘This wine is God’s new covenant,
sealed by my death.
Take this – all of you – to remember me.’

Spirit of God, come afresh on us
and on these gifts of bread and wine
that they may make us one body in Christ.
Open our eyes
that we may recognise you walking with us;
Open our ears and our minds
that we may hear your word:
Open our hearts
that your love may flow through us
and bring the blessing of new life to all we meet:
For you are the God who makes all things new,
and surprises us into understanding.
Blessing and honour and glory and power
be yours for ever and ever. Amen.

O God in heaven,
Mother and Father of us all,
hallowed be your name.
Your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation,
but deliver us from evil.
For the kingdom, the power and the glory
are yours, now and for ever. Amen.

Jesus, one with God,
come and live among us.
Jesus, bearer of our pain,
touch and heal us.
Jesus, redeemer of the world,
give us your peace.

Breaking the Bread
This bread we break
is a sharing in the body of Christ.
Gathered in different places,
we are connected in one Spirit:
We who are many are one body,
for we all share the one bread.