Gathered in different places, we are connected in one Spirit:
We who are many are one body, for we all share the one bread.

The Communion

Please share some bread and juice/wine at home

Eat this bread, drink this cup,
come to him and never be hungry.
Eat this bread, drink this cup,
trust in him and you will not thirst.

Prayer after Communion

God of our pilgrimage, you have led us to the living water:
refresh and sustain us as we go forward on our Lenten journey, in the name of Jesus Christ, our liberator and our friend. Amen.

News and Notices

Blessing

May Christ give us grace to grow in holiness, to deny ourselves, take up our cross, and follow him; and the blessing of the God of Love, Creator, Redeemer, Sustainer, be among us, and remain with us always. Amen.

Bless the Lord, my soul, and bless God’s holy name.
Bless the Lord, my soul, who leads me into life.

Go in the peace of Christ. Thanks be to God.

Sharing the Feast of Life in Lent

Please have ready: a candle, a Bible, bread and wine/juice.
We light a candle. Come to us, come to us, Living Lord, Living Lord, teach us how to love you: teach us how to love you.

Jesus invites us to a way of celebration, meeting and feasting with the humble and poor: Let us walk his way with joy.

Jesus beckons us to a way of risk, letting go of our security: Let us walk his way with trust.

Jesus points us to a way of self-giving, where power and status are overturned: Let us walk his way with humility.

Jesus calls us to follow the way of the cross, where despair is transformed by the promise of new life: Let us walk his way with faith.

Reconciliation

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. O God, you have searched us out and known us, and all that we are is open to you. We confess that we have sinned: we have used our power to dominate and our weakness to manipulate; we have evaded responsibility and failed to confront evil; we have denied dignity to ourselves and to our sisters, brothers and siblings, and have fallen into despair.

Lord, have mercy on us: Hear us as we pray: Lord, have mercy on us: Take all sin away.
Christ, have mercy on us, Hear our heartfelt plea: Christ, have mercy on us, Set our spirits free.
[Repeat first verse]

We turn to you, O God: we renounce evil; we claim your love; we choose to be made whole.
Sisters, brothers, siblings,
hear the word of the Lord:
we are forgiven; Christ sets us free –
let us journey on with hope.
Let us forgive and love ourselves:
Let us forgive and love others.
In the name of Jesus Christ. Amen.

Reading(s) and reflection
Open our minds to know you, Lord,
open our ears to hear your voice,
open our minds now to your Word:
come to us now, O Lord our God.

After the reading:
Hear what the Spirit is saying to the church.
Thanks be to God.

Affirmation of Faith
We believe in God:
who has created and is creating,
who has come in Jesus, the Word made flesh,
to reconcile and to make new,
who works in us and in others by the Spirit.
We trust in God.
We are called to be the church:
to celebrate God’s presence,
to live with respect in creation,
to love and serve others,
to seek justice and resist evil,
to proclaim Jesus crucified and risen,
our judge and our hope.
In life, in death, in life beyond death,
God is with us and we are not alone.
Thanks be to God. Amen.

Prayers
Please write prayer requests into the comments
(remembering that this is a public space).

The Peace
Lord Jesus Christ, lover of all,
trail wide the hem of your garment.
Bring healing, bring peace.
The peace of the Lord be always with you.
And also with you.

Prayer of Thanksgiving
Let us give thanks to the God of all.
It is right to give our thanks and praise.
It is right to praise you, O God, Lord of all creation;
in your love you made us for yourself.
When we turned away you did not reject us,
but came to meet us in your Son.
You embraced us as your children
and welcomed us to sit and eat with you.
In Christ you shared our life
that we might live in him and he in us.
He offered his life for sinners.

and with a love stronger than death
he opened wide his arms on the cross.
On the night he was betrayed,
at supper with his friends
Jesus took bread and gave you thanks,
broke it and gave it to them, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
We do this in remembrance of him:
his body is the bread of life.
At the end of supper, taking the cup of wine,
Jesus gave you thanks and said:
Drink this, all of you:
this is my blood of the new covenant,
which is shed for you for the forgiveness of sins;
do this in remembrance of me.
We do this in remembrance of him:
his blood is shed for all.
As we proclaim his death
and celebrate his rising in glory,
send your Holy Spirit afresh on us
and on this bread and wine,
that they may be to us
the body and blood of your dear Son.
As we eat and drink these holy gifts,
make us one in Christ, our risen Lord.
With your whole Church throughout the world
we offer you this sacrifice of praise
and lift our voice to join the eternal song of heaven:
Holy, holy, holy Lord,
God of heaven and earth adored,
ceasing never, God for ever,
holly, holy Lord.

O God in heaven.
Mother and Father of us all,
hallowed be your name.
Your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation,
but deliver us from evil.
For the kingdom, the power and the glory
are yours, now and for ever. Amen.

Jesus, Lamb of God:
have mercy on us.
Jesus, bearer of our sins:
have mercy on us.
Jesus, redeemer of the world:
give us your peace.

Breaking the Bread
This bread we break
is a sharing in the body of Christ.